Supporting Your Student as a Remote Learner

Learning Skills Services
Nicole Joron & Cathy Boyd-Withers
Learning Skills Specialists

Parents & Family Orientation
Summer 2020
Learning Skills Services
“Maximize your learning power”

Learning Skills Services (LSS) works with ALL York students, at any level of study, to help them:

- Identify how they learn best
- Develop learning and organizational strategies and skills to achieve their academic goals

Services:
- Online Workshops
- Peer Academic Peer Coaching
- Resources, tips and strategies
Learning Skills Workshop Topics

How Do I Learn Best?
Boost Your Learning Power

Expand Your Mind
Critical Thinking Skills

Cram Now – Pay Later!
Exam Prep

So Much To Do! I Need to Get Organized
Get on Track

Why Can’t I Just Do It By Myself!?
Mastering Group Work

I Need Help with Math and Science!
Math & Science Study Tips

I Can’t Remember Anything!
Memory Strategies

I Have to Speak in Front of the Class?!
Presentation Skills

Making it Stick!
Reading & Note-Taking Strategies

Tips for Success at University
Secrets of Academic Success

I’m New to University! How Can I Succeed?
Starting Off Strong (for 1st Year only)

I Was Going To Do It, BUT…
Time Management

The Great Canadian Term paper
Writing Tips
Study Tips for Remote Learning

**YU GOT THIS! STUDY TIPS FOR REMOTE LEARNING**

- **Keep a Routine**
  Create a balanced schedule with study and leisure time that will work for you

- **Create a Study Space**
  Organize your study materials in one place and leave your study space for breaks

- **Be an Active Learner**
  Ask questions and actively participate in classroom discussions and study groups

- **Find your Motivation**
  Find joy in what you are learning and reward yourself for reaching goals

- **Maintain Balance**
  Be kind to yourself and stay connected to friends, family, and campus resources

LSS.INFO.YORKU.CA/ONLINE-LEARNING

Division of Students
Partners in Student Success

York University
1. Keep a Routine

- Build a regular routine
  - Let your student create structure and routines that work for them
  - Communicate about routines as a household
- University learning takes time
  - Full-time studies = full-time job (35-40 hours/week, for full course load)
  - Plan other responsibilities around this
2. Create a Study Space

- Ideal = dedicated study spot just for them - few distractions, space to store study materials
- Strong reliable Wi-Fi signal and computer
- Every home is different - Do your best with what’s possible for you
3. Be an Active Learner

- University requires active, independent learning, active participation, and asking questions
  - Check YorkU email & course Moodle site
- Lots of resources to help, like LSS (lss.info.yorku.ca)
4. Find Your Motivation

- Students need to find their own interests and motivation
- Room for exploration and discovery, especially in 1st year
- 1st year can be scary
- Focus on the learning, not grades
5. Maintain Balance

- Balance is essential for energy, especially during these times
- Fun and social connections are part of university life and can contribute to academic success
  - Make family time a chance to recharge and relax
Tips for Supporting Your Student

▪ Key to success is active, independent learning
  ▪ Being too involved doesn’t help your student become an independent learner

▪ Still need your support, but your role shifts
  ▪ From head coach/supervisor to cheerleader
  ▪ Trust all the years of good parenting you’ve given your child

▪ They can do this!
  ▪ Remind them you’ll always be there for them
  ▪ We’re here to help
Learning Skills Services
Thanks For Coming!

Learning Skills Services are here for you!

https://lss.info.yorku.ca