#### DIVISION OF STUDENTS PARTNERS IN STUDENT SUCCESS

# Supporting Your Student as a Remote Learner

#### **Learning Skills Services**

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Parents & Family Orientation Summer 2020



#### Learning Skills Services

"Maximize your learning power"

Learning Skills Services (LSS) works with ALL York students, at any level of study, to help them:

- Identify how they learn best
- Develop learning and organizational strategies and skills to achieve their academic goals

#### Services:

- Online Workshops
- Peer Academic Peer Coaching
- Resources, tips and strategies







## **Learning Skills Workshop Topics**

How Do I Learn Best?
Boost Your Learning Power

Expand Your Mind
Critical Thinking Skills

Cram Now – Pay Later! Exam Prep

So Much To Do! I Need to Get Organized Get on Track

Why Can't I Just Do It By Myself!?
Mastering Group Work

I Need Help with Math and Science!Math & Science Study Tips

I Can't Remember Anything! Memory Strategies

I Have to Speak in Front of the Class?! Presentation Skills

Making it Stick!
Reading & Note-Taking Strategies

Tips for Success at University
Secrets of Academic Success

I'm New to University! How Can I Succeed?
Starting Off Strong (for 1st Year only)

I Was Going To Do It, BUT...
Time Management

The Great Canadian Term paper Writing Tips





# Study Tips for Remote Learning

STUDENT SUCCESS CENTRE
DIVISION OF STUDENTS

### YU GOT THIS! STUDY TIPS FOR REMOTE LEARNING

#### Keep a Routine



Create a balanced schedule with study and leisure time that will work for you

#### Create a Study Space



Organize your study materials in one place and leave your study space for breaks

#### Be an Active Learner



Ask questions and actively participate in classroom discussions and study groups

#### Find your Motivation



Find joy in what you are learning and reward yourself for reaching goals

#### Maintain Balance



Be kind to yourself and stay connected to friends, family, and campus resources

LSS.INFO.YORKU.CA/ONLINE-LEARNING









#### 1. Keep a Routine



- Build a regular routine
  - Let your student create structure and routines that work for them
  - Communicate about routines as a household
- University learning takes time
  - Full-time studies = full-time job (35-40 hours/week, for full course load)
  - Plan other responsibilities around this





#### 2. Create a Study Space



- Ideal = dedicated study spot just for them - few distractions, space to store study materials
- Strong reliable Wi-Fi signal and computer
- Every home is different Do your best with what's possible for you





#### 3. Be an Active Learner



- University requires active, independent learning, active participation, and asking questions
  - Check YorkU email & course Moodle site
- Lots of resources to help, like LSS (<u>lss.info.yorku.ca</u>)





#### 4. Find Your Motivation



- Students need to find their own interests and motivation
  - Room for exploration and discovery, especially in 1<sup>st</sup> year
  - 1st year can be scary
- Focus on the learning, not grades





#### 5. Maintain Balance



- Balance is essential for energy, especially during these times
- Fun and social connections are part of university life and can contribute to academic success
  - Make family time a chance to recharge and relax





# Tips for Supporting Your Student

- Key to success is active, independent learning
  - Being too involved doesn't help your student become an independent learner
- Still need your support, but your role shifts
  - From head coach/supervisor to cheerleader
  - Trust all the years of good parenting you've given your child
- They can do this!
  - Remind them you'll always be there for them
  - We're here to help









# Learning Skills Services Thanks For Coming!



Learning Skills Services are here for you!

https://lss.info.yorku.ca

